

# Fiber Supplement

## Supplements

Premium psyllium-based fiber supplement for daily digestive support.

**\$19.95** · **Subscribe & Save: \$16.96/mo**

## PRODUCT FACTS — ACTIVE INGREDIENTS

|                                                   |              |
|---------------------------------------------------|--------------|
| <b>Psyllium Husk</b>                              | <b>500mg</b> |
| Gold standard soluble fiber for bowel regularity. |              |
| <b>Inulin</b>                                     | <b>250mg</b> |
| Prebiotic fiber that supports gut health.         |              |

## SUGGESTED USE

Take as directed on the label with a full glass of water, once daily or as recommended.

## PRICING & OPTIONS

| OPTION   | ONE-TIME | SUBSCRIBE      |
|----------|----------|----------------|
| 1 Bottle | \$19.95  | <b>\$16.96</b> |

## GUARANTEE & SOURCING

Backed by a 120-day money-back guarantee. Manufactured in the USA in an FDA-registered, GMP-certified facility.

## FREQUENTLY ASKED QUESTIONS

### Q: How does HemRid Fiber Supplement help with hemorrhoids?

A: Fiber promotes softer, bulkier stools that pass more easily, reducing the straining that is a leading cause of hemorrhoid flare-ups. Daily fiber is one of the most recommended preventive measures by doctors.

### Q: Can I take HemRid Fiber Supplement with HemRid Max?

A: Absolutely. HemRid Fiber Supplement pairs perfectly with HemRid Max. The fiber works on prevention by improving digestion, while HemRid Max addresses existing discomfort from the inside out.

### Q: How should I take HemRid Fiber Supplement?

A: Take the recommended serving daily with a full glass of water. Start with one serving per day and increase gradually to allow your digestive system to adjust. Drink plenty of water throughout the day.